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Dr. Phyllis C. Zee, MD, PhD is the Benjamin and Virginia T. Boshes Professor in Neurology and Director of the Sleep Disorders Center at Northwestern University Feinberg School of Medicine in Chicago, Illinois, where she is also Associate Director of the Center for Sleep and Circadian Biology.

Dr. Zee directs an interdisciplinary clinical and research program in sleep and circadian rhythms. Basic and clinical studies from her laboratory paved the way to novel treatments for disorders associated with sleep and circadian clock dysfunction. Her research has focused on the effects of age on sleep and circadian rhythms, genetic regulation of circadian sleep disorders, and behavioral interventions to improve sleep and performance. Dr. Zee also has authored more than 100 peer reviewed original articles and over 40 chapters and reviews on the topics of sleep, circadian rhythms, and sleep/wake disorders.

A fellow of the American Academy of Sleep Medicine, fellow of the American Academy of Neurology and member of the American Neurological Association, Dr. Zee has served on numerous national and international committees, NIH scientific review panels, and advisory boards. She is the Past President of the Sleep Research Society, past Chair of the NIH Sleep Disorders Research Advisory Board, and a Deputy Editor for the journal *SLEEP*. Dr. Zee is the recipient of the 2011 American Academy of Neurology Sleep Science Award.