



Thomas Roth, PhD

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Dr. Thomas Roth, PhD is the Director of the Sleep Disorders and Research Center at the Henry Ford Hospital in Detroit, Michigan. Dr. Roth received his doctorate from the University of Cincinnati in Cincinnati, OH and has since studied sleep homeostatic processes, sleep loss, sleep fragmentation, sleep pathologies and the effects of pharmacologic agents on sleep/wake function.

After serving as president of the Sleep Research Society, and the founding president of the National Sleep Foundation (NSF), Dr. Roth became chairman of the National Center on Sleep Disorders Research advisory board. In addition, he was a member of the board of directors of the Associated Professional Sleep Societies (APSS), chaired the Association's Scientific Program Committee and the governing board of the World Federation of Sleep Research Societies.

Dr. Roth was instrumental in the formation of the Association of Sleep Disorders Center (ASDC) and served as the organization's second president. He is also the former Chairman of the World Health Organizations' worldwide project on sleep and health.

In addition to authoring and co-authoring numerous articles, Dr. Roth serves as past editor-in-chief of the journal *SLEEP*. He currently sits on the editorial boards of *Sleep Reviews*, *Stress Medicine*, and *Advances in Therapy and Human Psychopharmacology*.

Dr. Roth has received a Distinguished Research Award from the Sleep Research Society as well as the Nathaniel Kleitman Award from the Academy of Sleep Medicine. Dr. Roth's contributions to the sleep field are expansive, ranging from prolific research productivity and scholarship to multiple national leadership positions, as well as the mentoring of many students and colleagues.